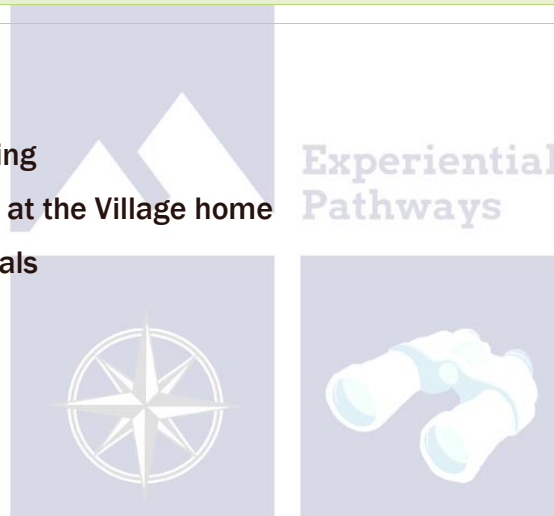


ITINERARY 02



NEPAL VILLAGE LIFE !

- Learn about Nepal
- Enjoy White water Rafting
- Experience a homestay at the Village home
- Service village with Locals
- Trek to Namobuddha
- Explore Kathmandu



DAY 01 – WELCOME TO NEPAL!

Arrive into Tribhuvan International Airport (KTM) in Kathmandu and meet your Program Leaders who will be with you for the duration of the program. Head to the hotel and settle in, relaxing after your long flight.

DAY 02 – WHITE WATER RAFTING

Hop into vans and head to Sun Koshi River for your first big adventure. After safety and skills training, charge into class II-III rapids, enjoying the thrilling turns and taking in the beautiful landscape of the Nepali backwoods.

DAY 03 – DRIVE TO YOUR VILLAGE HOME

Drive to a nearby village in the morning to meet your homestay family. Stay for the next few nights, getting to know village members and learning about Nepali village life where families are dependent on agriculture, there are minimal city services, and education stops at fifth grade.

DAY 04 - 07 – VILLAGE HOMESTAY AND SERVICE DAYS

Spend the next several days participating in ongoing service that could include earthquake relief projects, construction work, or educational enrichment activities.

DAY 08 – TREK TO NAMOBUDDHA

Say goodbye to your host families and spend the day hiking to Namobuddha, a famous Buddhist pilgrimage site and home to a beautiful monastery. Explore the monastery and talk to the monks and be part of their praying ceremony.

DAY 09 – NAMOBUDDHA TO KATHMANDU

Rise early and start your journey back to Kathmandu and on the way back visit the Shiva statue. Drop your things at the hotel and explore the city sights to learn about history and last minute shopping for friends and family.

DAY 10 – NAMASTE, NEPAL!

We genuinely hope your time spent here, the experiences you've shared, and the things you've reflected on will stay with you for a lifetime. After some final group photos with Team Nepal, your Program Leaders will take you to the airport for your departure as you say goodbye and reflect on your adventure.